



FUEL YOUR GREATNESS.™

Nature Made® Calcium 750 mg with Vitamins D and K FACT SHEET



What is Calcium 750 mg with Vitamins D and K?

Nature Made Calcium 750 mg with Vitamins D and K is currently the highest-strength calcium supplement available. The product provides consumers with a convenient way to increase their calcium, vitamin D and vitamin K intake for maximum bone health.[†]

How does it work?

The recommended dose (two tablets) of Nature Made Calcium 750 mg with Vitamins D and K provides the following:

- 1,500 mg Calcium from calcium carbonate – provides maximum calcium intake
- 1,000 IU of Vitamin D3 – increases the body's calcium absorption by 65 percent over taking just calcium alone
- 80 mcg of Vitamin K – essential for maintaining bone density

Nature Made's calcium 750 mg tablets are up to 30 percent smaller than traditional calcium products because of new mini-technology.

Who should use Calcium 750 mg with Vitamins D and K?

The National Institutes of Health recommend 1,500 mg of calcium daily for certain female groups including adolescent women and young adults 11 to 24 years-old, and women who are over the age of 50.¹ Nature Made's high-strength calcium is specifically designed for post-menopausal women and young adult and teenage women who are looking to increase their daily calcium intake.

Dosage

Nature Made recommends taking one tablet twice a day with a meal. Calcium 750 mg with Vitamins D and K displays the "Formulated for Easy Absorption" claim on the label.

Where to buy Calcium 750 mg with Vitamins D and K

Nature Made Calcium 750 mg with Vitamins D and K is available in a 100-count bottle at food, drug and mass channels, as well as 300-count bottles available at club channels .

Dietary supplement regulation

The dietary supplement industry is regulated by the U.S. Food and Drug Administration and the Federal Trade Commission, as well as by government agencies in each of the 50 states.

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[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

¹ National Institute of Health Consensus Development Conference Statement, 2004