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## NATURE MADE® DIABETES HEALTH PACK

### FACT SHEET

#### WHAT IS IT?

Nature Made's Diabetes Health Pack provides essential nutrients that may be lacking due to the strain diabetes can put on the body.

Diabetes is fast becoming a national epidemic, as the number of people with the disease is likely to double to 366 million in 2030 if the obesity rate remains stable.<sup>1</sup> Currently there are 18.2 million people, or 6.3% of the U.S. population, with diabetes and over one million new cases diagnosed annually.<sup>2</sup>

#### INSIDE THE DIABETES HEALTH PACK:

Nature Made's Diabetes Health Pack contains the following sugar-free supplements:

- **Alpha Lipoic Acid (50 mg)**— This antioxidant protects against free radicals and helps bridge the nutritional gaps often found among people with diabetes. It may also help maintain healthy nerve function.
- **Chromium Picolinate (200 mcg)**— This highly absorbable form of chromium is vital to maintaining proper carbohydrate metabolism.
- **Multivitamin with Lutein**— A high potency supplement providing essential vitamins and minerals for nutritional support of the heart and digestive system of the body. This multivitamin also includes lutein, clinically shown to help maintain eye health.
- **Folic Acid (400 mcg) and Vitamin E (400 IU)**— Scientific research has shown that Folic Acid, an essential B vitamin, helps achieve normal plasma homocysteine levels, which are important in maintaining heart health. Multiple studies have shown that Vitamin E, a powerful antioxidant, helps maintain a healthy heart.
- **Vitamin C (500 mg) and Selenium (200 mcg)**— People with diabetes may have increased antioxidant requirements. Numerous scientific studies have shown that these antioxidants help boost the immune system and neutralize free radicals.

The ingredients in the Diabetes Health Pack have been clinically shown to promote overall health.

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<sup>1</sup> *Diabetes Care*, April 2004

<sup>2</sup> American Diabetes Association, 2002

(more)

**WHY DO PEOPLE WITH  
DIABETES NEED  
SUPPLEMENTATION?**

Diabetes places extreme strain on the body, robbing it of many of the nutrients it needs to function optimally. Supplementation can help to provide the nutrients that may be lacking from an unhealthy diet and lifestyle.

**SUGGESTED DOSAGE:**

The suggested dosage is one packet daily with a meal.

**RETAIL DISTRIBUTION:**

The Nature Made Diabetes Health Pack is available for the suggested retail price of \$14.99 for a 30-day supply at food, drug and mass stores nationwide, including Costco, Giant Food, Kroger, Mays Drug Stores, Osco/Sav-On, Rite-Aid, Safeway, Vons, and online at Drugstore.com.

**ABOUT PHARMAVITE**

For more than 30 years, Pharmavite has earned and maintained the trust of pharmacists, consumers, and retailers by manufacturing high-quality vitamins, minerals, herbs and other dietary supplements that are safe, effective and science-based. As an industry leader, Pharmavite adheres to manufacturing standards recommended by the United States Pharmacopeia (USP), a not-for-profit organization that has set pharmaceutical and dietary supplement quality standards since 1820. In addition, Pharmavite participates in USP's Verification Program for dietary supplements.

The dietary supplement industry is regulated by the U.S. Food and Drug Administration and the Federal Trade Commission, as well as by government agencies in each of the 50 states.

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